

# Presentation of the collection BioLife

Agri-food products



**BioLife**

**MENAT GROUP EXPORT**

# Our collections

We currently offer 10 products Vegetables and Fruits for Export from Tunisia

## MENAT GROUP

We are a Tunisian company named **MENAT GROUP**, specialized in fruit and vegetable export consulting.

With more than 15 Consultants in Europe , Africa , America and Asia

## BIOLIFE

Our Partner **C. A** a Tunisian company that specializes in the packaging and export of fruits and vegetables that maintains a close relationship with farmers selected suppliers to guarantee the quantity and quality of its products ( Tunisia, Algeria, Serbia, etc.)

## BIOLIFE

Our Partner **C . A** has a factory with state-of-the-art equipment for the packaging, preservation and marketing of fruits and vegetables.

Our products are distributed under the **BIOLIFE** brand

# .1. Dates

list of products





# DATES – BIOLIFE

In Tunisia the date sector occupies a prominent place.

Tunisia is the world's leading exporter of dates in terms of value, and dates are the second largest export in the Tunisian agri-food sector after olive oil.

In oasian areas, the income of the majority of the population is linked to the date palm. In Tunisia, more than 200 varieties of dates are cultivated, but the most widespread is the **Deglet Ennour** variety.

## DATES Deglet Ennour – BIOLIFE

The production of Deglet Ennour represents 30% of the world production and 70% of the total production of dates in Tunisia.

DATES Deglet Ennour – BIOLIFE certified organic AB



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# .2.

# Olive oil

list of products



# Olive oil – BIOLIFE

**OLIVE OIL-BIOLIFE** is an organic extra virgin olive oil, obtained directly from olives 100% naturally picked by hand and respecting the standards of organic farming from the plantation until bottling.

**OLIVE OIL-BIOLIFE** is traceable and transparent on its origin and manufacturing process, having a unique taste full of sun with a guarantee of **AB** certification..

This oil with a harmonious taste is ideal for daily consumption. Equipped with a spout, the bottle **OLIVE OIL-BIOLIFE** is easy to handle to season your salads, and marinades, and is ideal for flavoring fish or steamed vegetables. Eat healthy and be serene!



## **OLIVE OIL-BIOLIFE** Nutritional values per 100ml

**Energy** (821Kcal / 3374 Kj)

**Fats** 91,2g

**Saturated fatty acids** 19,3g

**Monounsaturated fatty acids** 57,3g

**Fatty acids Polyunsaturated** 14.5g





.3.

# Orange

list of products



# ORANGE (Thomson)–BIOLIFE

There are several varieties of oranges, including sweet oranges (such as **THOMSON-BIOLIFE**, navel and valencia) and bitter oranges.

**THOMSON-BIOLIFE** oranges are rich in vitamin C, an essential antioxidant for the immune system. They also contain fiber, B vitamins, minerals such as potassium and magnesium, as well as antioxidant compounds.

**Storage: Orange THOMSON-BIOLIFE** It is recommended to store oranges at room temperature if it is planned to consume them quickly. For longer storage, they can be placed in the vegetable tray of the refrigerator.





.4.

# Tomato

list of products



# Tomato – BIOLIFE

In Tunisia, tomato cultivation covers an average area of 29 thousand ha/ year, offering an average production of about 1.2 million tons.

Export of fresh **TOMATO-BIOLIFE**: Exports of **TOMATO-BIOLIFE** mainly come from fresh tomato from geothermal crops

**TOMATO-BIOLIFE** geothermal is characterized by a specific taste quality due in particular to the mineral composition of the water and the microclimate of southern Tunisia. This quality has contributed to the development of exports over the years.

**TOMATO-BIOLIFE** comes from open field crops (seasonal and late tomato) and crops under cover (cold greenhouse and greenhouse heated by geothermal waters).



# .5. Pepper

list of products



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# PEPPER – BIOLIFE

The main productive areas, are in the North East of Tunisia; the Cape Bon region, and in the center of the country.

**PEPPER-BIOLIFE** fresh season and late season is grown in open field while the off-season product is grown under cover. These two methods of cultivation (open field and under cover) ensure a continuous supply of fresh pepper to the market.

Nearly 34 varieties listed in the official catalogue of hybrid type and fixed variety, the best known are the varieties Baklouti, Beldi and Starter.

**PEPPER-BIOLIFE** : the strong peppers of colors range from green to red and burning flavor, and peppers of green, yellow or orange color and sweet flavor

The period of production of **PEPPER-BIOLIFE** season extends from June to October while the harvest of chilli season spreads over the rest of the year



# .6. Lemon

list of products



# LEMON – BIOLIFE

**LEMON-BIOLIFE** grown in many regions of Tunisia.

There are different varieties of lemons, including common yellow lemon, lime (lime), Meyer lemon (a milder variety), and other regional varieties.

**LEMON-BIOLIFE** are an excellent source of vitamin C, an important antioxidant for the immune system. They also contain fiber, B vitamins, minerals such as potassium and magnesium, as well as beneficial phytochemicals.

Conservation: **LEMON-BIOLIFE** are generally preserved well at room temperature for a short time, but for longer storage it is recommended to store them in the refrigerator.





# .7. Apples

list of products



# APPLE – BIOLIFE

**APPLE-BIOLIFE** they are grown in many parts of the world.

There are thousands of varieties of apples, each with its own characteristics in terms of taste, texture and color. Some common varieties include:

**APPLE-BIOLIFE** ( Golden Delicious )



**APPLE-BIOLIFE** ( Red Delicious )



Storage: **APPLE-BIOLIFE** usually keep well when stored in a cool, dark place. They can also be refrigerated to extend their shelf life.



# .8. Potato

list of products





# POTATO – BIOLIFE

**Potato–BIOLIFE** is an edible tuber grown in Tunisia and is one of the staples in many cuisines around the world.

There are many varieties of potatoes, each with different taste, texture and color characteristics. Some common varieties include Russet, Yukon Gold, Red Bliss and Fingerling.

Other Uses: **Potato–BIOLIFE** In addition to their food use, potatoes are used in the production of starch, vodka and other industrial products.

**Potato–BIOLIFE** is an important source of complex carbohydrates, which provide sustainable energy. They also contain antioxidants, vitamin C that supports the immune system, and potassium that is essential for heart health.



.9.

# Artichoke

list of products



# Artichoke – BIOLIFE

**Artichoke-BIOLIFE** is an edible vegetable belonging to the family of asteraceae.

The **Artichoke-BIOLIFE** from the Mediterranean. It is grown in several regions of the world, but the main producers are Italy, Spain, France and Tunisia.

**Artichoke-BIOLIFE** is a rich source of dietary fiber, vitamins (including vitamin C and vitamin K), minerals (such as potassium and magnesium), and antioxidants. They are also low in calories.

Fresh **Artichoke-BIOLIFE** should be kept in the refrigerator and eaten relatively quickly. Cooked artichokes can be refrigerated for a few days.

**Artichoke-BIOLIFE** are not only delicious, but they also add a unique texture to many dishes. Their preparation may seem daunting at first, but once you have learned to remove the edible parts, they become a tasty addition to many recipes.





# .10. Onion

list of products



# ONION– BIOLIFE

**ONION-BIOLIFE** are a versatile ingredient that brings flavor to many dishes. Whether you prefer them raw in a salad or cooked in a cooked dish, their role in cooking is unavoidable.
















**ONION-BIOLIFE** There are many varieties of onions, ranging from red onions to yellow and white onions. Some are soft and perfect for raw consumption, while others are more robust and suitable for cooking.

**ONION-BIOLIFE** are low in calories but rich in nutrients. They contain vitamins (including vitamin C), minerals (such as potassium), dietary fiber and antioxidant compounds. In addition, they are a source of sulfur compounds that give them their distinctive taste.

Storage: **ONION-BIOLIFE** should be kept in a dry, cool and airy place













**Calendrier de maturation des Fruits en Tunisie**

Fruits		Jan	Fev	Mars	Avril	Mai	Juin	Juil	Aout	Sept	Oct	Nov	Dec
Abricot													
Citron													
Clémentine													
Dattes DEGLET NOUR													
Figues de barbarie													
Fraise													
Grenade													
Melon													
Nèfle													
Orange Maltaise													
Orange Navel													
Orange Valencia													
Pasteque													
Pêche – Nectarine													
Poire													
Pomme													
Prunes													
Raisin de table													
Fruits		Jan	Fev	Mars	Avril	Mai	Juin	Juil	Aout	Sept	Oct	Nov	Dec



**Calendrier de maturation des légumes en Tunisie**

Légumes	Jan	Fev	Mars	Avril	Mai	Juin	Juil	Aout	Sept	Oct	Nov	Dec
Ail 												
Artichaut 												
Aubergine 												
Courge 												
Courgette 												
Laitue 												
Oignon 												
Piment 												
Pomme de terre 												
Tomate 												
Légumes	Jan	Fev	Mars	Avril	Mai	Juin	Juil	Aout	Sept	Oct	Nov	Dec

# Thank You !

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**MENAT GROUP** : Consulting firm EXPORT and training in Tunisia  
official and exclusive representative of the collection **BIOLIFE**

**Le Directeur** : Naoufel Masri

**Siège** : 10 Habib Bourguiba Imm Zephyr B 3-1, 2080 Ariana ,Tunisia

**Site WEB** : <https://pharmaconsult-tn.com>

Do you have any questions or requests? Please contact us at:

**Email** : [Pharmaconsult.tn@gmail.com](mailto:Pharmaconsult.tn@gmail.com)

**GSM / WhatsApp** : (+216) 55 160 621



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